



Child Lures® Prevention
Think First & Stay Safe!™

For use with the *Think First & Stay Safe™*
School Program in Grades 3-4 and 5-6.

GRADES

3-6

Student Personal Safety Workbook Only.



Name: _____

Hello Students!

Welcome to the *Think First & Stay Safe* personal safety program. This workbook contains important information to help keep you healthy and safe. Please complete each lesson's activities when instructed by your teacher.

This booklet is yours to keep. It gives helpful safety tips from each of the *Think First & Stay Safe* lessons. Once you've completed this workbook, please take it home to share with your family. And remember, most people are safe and can be counted on to help you.

Your Friends in Safety,
 Team Child Lures Prevention

LESSON 1

Using My Built-In Computer

KEY POINT:

My brain is an amazing built-in computer. I can program it to help keep me healthy and safe.

SAFETY TIPS:

1. I already have the **most effective tool** for staying safe: my brain.
2. The **human brain** is more powerful and complex than any computer in the world.
3. I can program my _____ to **recognize and avoid** behaviors and situations that may be unhealthy or unsafe.



Word Jumble

Each line of scrambled letters forms one word.

ESFA _____

NAIBR _____

TUCMOREP _____

TRPOCET _____

People are Like the Weather

KEY POINT:

People are like the weather; they are usually nice and safe.



SAFETY TIPS:

1. Like the weather, **people are safe most of the time**; but, there are some behaviors I need to watch out for.
2. Weather can **quickly change**. In the morning, it can be sunny and nice; but, by afternoon there can be dangerous lightning storms, hurricanes or tornados.
3. Like the _____, a person's **behavior can change** from kind and safe to mean, inappropriate or unsafe.
4. Just as we **take precautions** from dangerous weather, we can also take safety steps to help protect ourselves from unsafe behaviors and situations.

Word Find

Please find the following eight words:

WEATHER

SAFE

NICE

UNSAFE

CHANGE

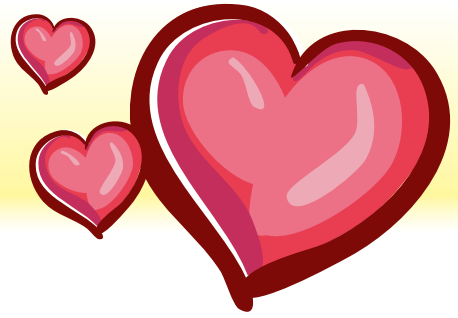
BEHAVIOR

DANGEROUS

SUNNY

S	C	O	Y	Z	E	J	R	T	D
R	F	S	C	S	R	Y	O	S	A
W	E	A	T	H	E	R	I	Q	N
H	U	F	T	B	O	U	V	A	G
C	S	E	Z	R	U	N	A	V	E
E	C	I	N	V	U	S	H	D	R
E	G	N	A	H	C	A	E	B	O
H	F	E	D	C	A	F	B	S	U
M	S	U	N	N	Y	E	Y	R	S

8 Affection Lure



KEY POINTS:

- An act of Real Love always shows respect.
- Kids who are abused are usually slowly lured into abuse by someone they know and trust.
- Touching a child's private parts is an act of Fake Love, not _____ Love.
- All adults know it's a crime to abuse kids, and now I know too.

For My Safety:

1. I will respect others and expect _____ in return.
2. I have the right to defend my **personal boundaries**; my body's private parts.
3. I can tell a trusted adult about unwanted attention or touching.
4. If abused, even by someone I know and love, I can try to be brave and **tell a trusted adult** so I can feel safe again.

Prevention TIP

The Affection Lure usually includes getting special attention and privileges. It usually doesn't feel like we are being lured at all.

True or False? (Circle answer)

Most people who show us affection are sincere and safe.

9 Assistance Lure

KEY POINT:

- While it's thoughtful to help others, kids should always put their personal safety first.
- Asking for or offering help can be a trick to talk with kids or get close to them.

For My Safety:

1. I will **always check** with a parent or guardian before lending or accepting a helping hand.
2. I will **always get permission** before going anywhere with anyone.
3. If someone **in a vehicle** tries to talk to me, I can:
 - Pretend not to hear.
 - Take three giant steps back and walk quickly in the _____ direction.
 - Be ready to run like the wind, if necessary.
 - Report the incident immediately to parents.



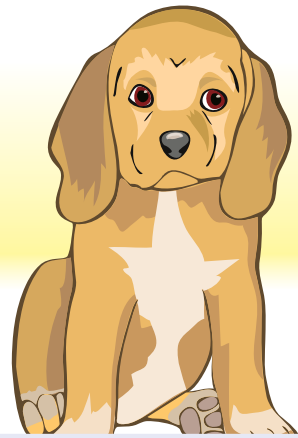
Prevention TIP

If I ever need help in public, I can choose a safe adult, like: a Mom or Dad with kids; a store employee behind a counter; or a uniformed police officer in a marked police car.

True or False? (Circle answer)

Adults should ask other adults for help, NOT children.

10 Pet Lure



KEY POINTS:

- Most kids love animals, especially cute little snuggly ones.
- Animals can be used to lure kids into abuse and abduction.

For My Safety:

1. I will **never** go with someone to see any pet or animal unless I have a trusted adult with me.
2. If someone asks me to help them look for a **lost** _____, I should:
 - Not speak to them.
 - Leave the area immediately.
 - Get to safety.
 - Tell my parents as soon as possible.
3. Remember, there is probably **NO** lost or hurt pet.

Prevention TIP

Involve a trusted adult if asked to come see or help with an animal.

True or False? (Circle answer)

It's okay to go into my neighbor's garage to see kittens without asking my Mom first.

11 Authority Lure

KEY POINTS:

- I respect and obey many authority figures, including parents, step parent, teacher, coach, sitter, faith leader and bus driver.
- Some authority figures take advantage of their position to try and lure kids into abuse.

For My Safety:

1. I can **disobey** any _____ figure who tells me to do something that is inappropriate, unsafe or against the law.
2. If the behavior of any authority figure makes me feel **uneasy** or **scared**, I can:
 - Refuse to do what they say.
 - Get to safety.
 - Ask a trusted adult for help.



Prevention TIP

If I am home alone:

- I will not open the door to anyone.
- I will not reveal that I am home alone.
- I will call 911 for help if needed.

True or False? (Circle answer)

Someone could pretend to be a police officer to trick me into doing what they say.

Be Kind; No Bullying

Our school is a place for learning, and that includes learning how to get along with others - regardless of our differences. All kids have a right to feel safe and accepted at school. There is no place for intolerance, harassment, bullying, threats or weapons.



KEY POINTS:

1. I can help make my school a safer, happier place by always **treating others** with kindness and respect.
2. I will **encourage my friends** and classmates to do the same.
3. I will be **accepting of the differences** in people, because though different on the outside, we are all the _____ on the inside.
4. When students **speak out against bullying** and **stand up for** anyone being mistreated, it helps create a safer community.
5. **Bullying** and other forms of **harassment** are against school policy and against the law.
6. To **report** bullying, harassment or any type of threat or weapon, I can tell a teacher or other trusted adult. If necessary, I can **call**:
 - 911
 - My Local Police Department: _____
 - Anonymous Tip Line: _____

Student Personal Safety Workbook to accompany the THINK FIRST & STAY SAFE™ YOUTH CURRICULUM

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Special thanks to Ed Molek, artist and graphic designer extraordinaire.

Answer Key

Page 2:

Fill in the blank = **brain**

Word Jumble:

SAFE, BRAIN, COMPUTER, PROTECT

Page 3:

Fill in the blank = **weather**

Word Find:

S	C	O	Y	Z	E	J	R	T	D
R	F	S	C	S	R	Y	O	S	A
W	E	A	T	H	E	R	I	Q	N
H	U	F	T	B	O	A	V	A	G
C	S	E	Z	R	U	C	A	V	E
E	C	I	N	V	U	S	H	D	R
E	G	N	A	H	C	H	E	B	O
H	F	E	D	C	A	W	B	S	U
M	S	U	N	N	Y	C	Y	R	S

Page 4:

Fill in the Blank = **1. fish, 4. fire**

Word Fit:

P			F			F			H		F	
R	E	C	O	G	N	I	Z	E		O	I	
O			O			R			C	O	N	S
T			L	U	R	E	S			K		H
E												I
C						D	R	I	L	L		N
T	R	U	S	T								G

Page 5:

Fill in the blank = **bullied (or mistreated), body**

Question: **1. private, 2. doctor, 3. bathroom**

Page 6:

Fill in the blank = **2. siren, 5. brain**

(Examples)

We blink if something moves toward our eyes quickly.

We pull our hand away quickly when we touch something very hot.

Page 7:

Fill in the blank = **2. inner siren/instincts 5. children**

(Examples) Crossing Guard, store clerk, lifeguard, waiter

Page 8:

Fill in the blank = **respect**

(Examples) Smart, funny, thoughtful

Page 10:

Lesson #8 Affection Lure:

Fill in the blank = **Real, 1. expect, T/F = True**

Lesson #9 Assistance Lure:

Fill in the blank = **opposite, T/F = True**

Page 11:

Lesson #10 Pet Lure:

Fill in the blank = **pet, T/F = False**

Lesson #11 Authority Lure:

Fill in the blank = **authority, T/F = True**

Page 12:

Lesson #12 Bribery Lure:

Fill in the blank = **told, T/F = True**

Lesson #13: Ego/Fame Lure:

Fill in the blank = **parents or guardian, T/F = False**

Page 13:

Lesson #14 Emergency Lure:

Fill in the blank = **home, T/F = True**

Lesson #15: Fun and Games Lure:

Fill in the blank = **touching, T/F = True**

Page 14:

Lesson #16 Hero Lure:

Fill in the Blank = **(Student's Hero), 2. Hero, T/F = True**

Lesson #17: Job Lure:

Fill in the blank = **lure or trick, T/F = False**

Page 15:

Lesson #18 Name Lure:

Fill in the blank = **name, T/F = False**

Lesson #19: Friendship Lure:

Fill in the blank = **friends or peers, T/F = True**

Page 16:

Lesson #20 Threats and Weapons Lure:

Fill in the blank = **against the law, T/F = True**

Lesson #21: Pornography Lure:

Fill in the blank = **clothes, T/F = True**

Page 17:

Lesson #22 Drug Lure:

Fill in the blank = **abuse, T/F = True**

Lesson #23: Online Lure:

Fill in the blank = **world, T/F = False**

Page 18:

Lesson #24 Lure of Hate and Violence:

Fill in the blank = **same**

(Teachers or counselors can help provide police and local tip line phone numbers.)



Think First & Stay Safe™ Youth Curriculum

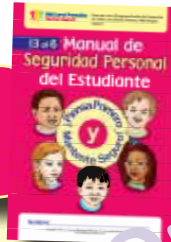
Thank you for completing this **Student Workbook** and participating in the *Think First & Stay Safe™* Youth Curriculum. While adults are primarily responsible for the well-being of children, learning to *Think First & Stay Safe* helps students recognize personal safety risks and make healthy & safe choices. Please review this workbook from time to time to help stay safe!

Parents & Caregivers: *Think First & Stay Safe* is a dynamic research-based curriculum that provides youngsters with specific health and safety education. This happens by way of interactive classroom lessons, role playing, student video and PowerPoint presentations, handouts, workbook activities and classroom posters.

For additional information on the *Think First & Stay Safe™* curriculum for Grades PreK-6, please visit:
www.childluresprevention.com/gradesk-2/index.asp
www.childluresprevention.com/grades3-6/index.asp

For information on *Teen Lures TV Newscast* curriculum, for Grades 7-12, please visit:
www.childluresprevention.com/grades7-12/index.asp

This Student Workbook is also available in Spanish.
To order, visit:
childluresprevention.com/order/index.asp



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This publication is a student supplement to the comprehensive *Think First & Stay Safe™* Youth Curriculum.

For information on the curriculum, or to order additional copies of this Student Workbook, please call 1-800-552-2197 or visit childluresprevention.com/order/index.asp



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